

# October 2018

## Monroe #1J Breakfast for grades K-8

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b></p> <p>Cereal or Biscuits &amp; Gravy, fruit, milk</p>	<p><b>2</b></p> <p>Cereal or English muffin, sausage patty, hash brown patty, fruit, milk</p>	<p><b>3</b></p> <p>Cereal or Muffin, yogurt, fruit, milk</p>	<p><b>4</b></p> <p>Cereal or Maple Bar, apple, milk</p>	<p><b>5</b></p> <p>Cereal or Scrambled eggs, sausage, toast, fruit, milk</p>
<p><b>8</b></p> <p>Cereal or Churro, yogurt, fruit, milk</p>	<p><b>9</b></p> <p>Cereal or Bagel &amp; cream cheese, fruit, milk</p>	<p><b>10</b></p> <p>Cereal or Muffin, yogurt, fruit, milk</p>	<p><b>11</b></p> <p>Cereal or Scone, juice, milk</p>	<p><b>12</b></p> <p>No School, Statewide Inservice</p>
<p><b>15</b></p> <p>Cereal or Pancake on a stick, fruit, milk</p>	<p><b>16</b></p> <p>Cereal or French Toast Sticks, fruit, milk</p>	<p><b>17</b></p> <p>Cereal or Bagel &amp; cream cheese, fruit, milk</p>	<p><b>18</b></p> <p>Cereal or Muffin, yogurt, fruit, milk</p>	<p><b>19</b></p> <p>No School: Professional Development</p>
<p><b>22</b></p> <p>Cereal or Biscuits &amp; Gravy, fruit, milk</p>	<p><b>23</b></p> <p>Cereal or Scone, juice, milk</p>	<p><b>24</b></p> <p>Cereal or Muffin, yogurt, fruit, milk</p>	<p><b>25</b></p> <p>Cereal or Bagel &amp; cream cheese, fruit, milk</p>	<p><b>26</b></p> <p>Cereal &amp; toast, fruit, milk</p>
<p><b>29</b></p> <p>Cereal or Pancake on a stick, fruit, milk</p>	<p><b>30</b></p> <p>Cereal or Maple Bar, apple, milk</p>	<p><b>31</b></p> <p>Cereal or English muffin, ham, egg, cheese, fruit, milk</p>		