

High School Guidance and Counseling Program Grades 9-12

The use of this guide will provide school counselors with a tool that outlines steps to be taken to establish a comprehensive school counseling program. It calls for school counselors to play a leadership role in the educational development of students through an approach that includes planning, implementing, and maintaining a comprehensive school counseling program.

High School Student Competencies Grades 9-12

The comprehensive counseling program includes counselor directed classroom, group, and individual student activities.

Goals

Student Learnings:

Certificate of Initial Mastery Information about self.

Certificate of Advanced
Mastery

Decision making
Information about self.
Understand educational opportunities and alternatives
Establish tentative career and educational goals
Accept increased responsibility for own actions.
Develop skills and interpersonal relations.

School To Work

Information about self.
Understand educational opportunities and alternatives.
Establish tentative career and educational goals.
Develop skills and interpersonal relations.

Post High School Planning

Decision making
Information about self.
Understand educational opportunities and alternatives
Establish tentative career and educational goals.
Accept increased responsibility for own actions.

Conflict resolution

Decision making
Information about self
Accept increased responsibility for own actions.
Develop skills and interpersonal relations.

Student Council

Decision making
Understand educational opportunities and alternatives.
Establish tentative career and educational goals.
Accept increased responsibility for own actions.

Develop skills and interpersonal relations.

Citizenship

Information about self
 Establish tentative career and educational goals.

Special Services
 (HLAY 2000)

Utilize school and community resources.

Individual Counseling

Decision making
 Information about self.
 Understand educational opportunities and alternatives.
 Establish tentative career and educational goals.
 Accept increased responsibility for own actions.
 Develop skills and interpersonal relations.
 Utilize school and community resources.

Ninth Grade Student Competencies

Personal/Social Goals

The Student Will:

Gaining Self-Awareness

Value their unique characteristics and abilities.

Developing Positive Attitudes

Describe and prioritize their values.

Making Healthy Choices

Demonstrate assertive skills useful in pressure situations.

Respecting Others

Value positive qualities of people that are culturally different.

Developing Relationship Skills

Identify own biases and stereotypes that interfere with establishing effective relationships.

Resolving Conflicts

Analyze how conflict resolution skills contribute toward work within a group.

Making Effective Decisions

Analyze the importance of generating alternatives and assessing the consequences of each before making a decision.

Educational Goals

The Student Will:

Applying Effective Study Skills

Evaluate their study habits and plan for changes if needed.

Setting Goals Identify and utilize community resources that enable them to reach educational goals.

Learning Effectively Learn strategies for coping with learning style inadequacies.

Gaining Test Taking Skills Analyze test results and plan for improvement.

Career Goals

The Student Will:

Forming a Career Identity Describe how values and needs influence career choice.

Planning for the Future Analyze how choices they are making now will affect their lives in the future.

Combating Career Stereotyping Discuss nontraditional careers and explore at least one.

Analyzing Skills and Interests Describe their skills, abilities, interests, and aptitudes.

Tenth Grade Student Competencies

Personal/Social Goals

The Student Will:

Gaining Self-Awareness Analyze how they can control and direct their feelings.

Developing Positive Attitudes Describe decisions they have made that were based on their attitudes and values.

Making Healthy Choices Identify resources that will assist them with personal concerns related to their sexuality.

Respecting Others Describe how prejudices are formed and examine their consequences.

Gaining Responsibility Show how they manage their time effectively.

Developing Relationship Skills Describe situations at school and at home where their behaviors affect others' behavior toward them.

Resolving Conflicts Identify situations in which they need to control their anger.

Making Effective Decisions Distinguish between alternatives that involve varying degrees of risk.

Educational Goals

The Student Will:

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| Applying Effective Study Skills | Evaluate how effective study skills can contribute to effective work habits in the future. |
| Setting Goals | Analyze forces working against their goals. |
| Learning Effectively | Recognize how time and circumstances can cause educational goals to change. |
| Gaining Test Taking Skills | Evaluate reasons why they may not do well on tests. |

Career Goals

The Student Will:

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|--------------------------------|--|
| Forming a Career Identity | Review their educational plan and set educational goals based on self assessment and career exploration. |
| Planning for the Future | Evaluate the need for flexibility in their roles and in their choices. |
| Combating Career Stereotyping | Analyze the validity of their stereotypes. |
| Analyzing Skills and Interests | Assess their ability to achieve past goals and integrate this knowledge into future planning. |

Eleventh Grade Student Competencies

Personal/Social Goals

The Student Will:

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| Gaining Self-Awareness | Specify characteristics and abilities they appreciate most in themselves and others. |
| Developing Positive Attitudes | Generate ways to develop more positive attitudes. |
| Making Healthy Choices | Continually evaluate the effects their leisure time activities have on their physical and mental health. |
| Respecting Others | Describe strategies for overcoming biases and prejudices toward others. |
| Gaining Responsibility | Assess how avoiding responsibility hinders their ability to manage their environment effectively. |

- Developing Relationship Skills Assess their current social and family relationships and evaluate their effectiveness.
- Resolving Conflicts Value the application of problem solving methods in conflict situations.
- Making Effective Decisions Identify decisions they have made and analyze how those decisions will affect their future decisions.

Educational Goals

The Student Will:

- Applying Effective Study Skills Review relationship between time spent on studying and student success.
- Setting Goals Collect post-secondary educational information.
- Learning Effectively Contact post secondary institutions for visits.
- Gaining Test Taking Skills Prepare for the national college entrance exams.

Career Goals

The Student Will:

- Forming a Career Identity Evaluate the importance of setting realistic career goals and striving toward them.
- Planning for the Future Acquire skills for bringing about positive change.
- Combating Career Stereotyping Discuss some of the role conflicts they may experience in adulthood.
- Analyzing Skills and Interests Evaluate the importance of having laws to protect workers from discrimination.

Twelfth Grade Student Competencies

Personal/Social Goals

The Student Will:

- Gaining Self-Awareness Appreciate their uniqueness.
- Developing Positive Attitudes Evaluate how their attitudes and values affect their lives.

Making Healthy Choices	Analyze the personal skills that have contributed to satisfactory physical and mental health.
Respecting Others	Demonstrate appreciation and respect for cultural differences.
Gaining Responsibility	Assess how taking responsibility enhances their lives.
Developing Relationship Skills	Understand the value of maintaining effective relationships throughout life.
Resolving Conflicts	Evaluate their current communication and conflict resolution skills and plan how to improve them.
Making Effective Decisions	Evaluate their present ability to generate alternatives, gather information, and assess the consequences of the decisions they make.

Educational Goals

The Student Will:

Applying Effective Study Skills	Recognize that learning is a lifetime process.
Setting Goals	Evaluate their future educational goals.
Learning Effectively	Plan for the transition into post-secondary education and training.
Gaining Test Taking Skills	Evaluate the discrepancies between goals and test performance.

Career Goals

The Student Will:

Forming a Career Identity	Review their career goals.
Planning for the Future	Analyze the relationships between work and family roles.
Combating Career Stereotyping	Learn strategies for dealing with discrimination and harassment.
Analyzing Skills and Interests	Conduct an assessment of their current skills, abilities, and career prospects.