

Physical Examinations

To participate in school sponsored activities, a student must be in at least 5th grade. To participate in a school sponsored and/or OSAA sponsored/sanctioned activity or contest, a student must be in the 9th grade.

The participant must have the following on file with the Athletic Director prior to the first practice.

1. A school sports exam form, JHCA-Form-1, which will have been completed no earlier than the previous April 1 of the athletic 5th, 7th, 9th and 11th grades.
2. Completion of a Release form each year, JHCA-Form-2.
3. Completion of an Interval Sports Medical History prior to each athletic season, JHCA-Form-3.

A student new to the district is required to have a physical examination if he or she has not had the required Oregon medical examination or its equivalent.

Any participant who has an injury or illness and has been under the care of a health care provider must have a "Return to Play" release signed by the health care provider before returning to participation.

END OF POLICY

Legal References:

ORS 336.479
ORS 433.235 - 433.280
OAR 333-019-0010
OAR 333-050-0010 to -0120
OAR 581-021-0041
OAR 581-022-0705