

# September 2019

## Monroe #1J Breakfast for grades K-8

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4 Cereal or Scone, fruit, milk	5 Cereal or Pancake on a stick, fruit, milk	6 Cereal or Mini Pancake, fruit, milk
9 Cereal or Maple Bar, fruit, milk	10 Cereal or Mini Pancake, sausage link, fruit, milk	11 Cereal or Breakfast Burrito, fruit, milk	12 Cereal or Toast, hash browns, sausage patty, fruit, milk	13 Cereal or Bagel & cream cheese, fruit, milk
16 Cereal or Mini Pancake, sausage link, fruit, milk	17 Cereal or Biscuits & Gravy, fruit, milk	18 Cereal or French Toast Sticks, fruit, milk	19 Cereal or Pancake on a stick, fruit, milk	20 Cereal or Bagel & cream cheese, fruit, milk
23 Cereal or Waffle, fruit, milk	24 Cereal or Toast, hash browns, sausage patty, fruit, milk	25 Cereal or Muffin, fruit, milk	26 Cereal or English muffin, w/ham, cheese, fruit, milk	27 Cereal or Mini Pancake, fruit, milk
30 Cereal or Biscuits & Gravy, fruit, milk				