

September 2019

Monroe #1J Lunch for grades K-12

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4 Chicken Caesar Wrap, pasta salad, fruit, milk	5 Nachos w/meat & cheese, green salad, fruit, milk	6 Pizza (meat or cheese), green salad, fruit, milk
9 Chef Salad, chips, fruit, milk	10 Chicken Nuggets, tots, green salad, fruit, milk	11 Hamburger w/toppings, fries, fruit, milk	12 BBQ Ribette Sandwich, tots, green salad, fruit, milk	13 Sub Sandwich (ham, turkey or tuna), chips, fruit, milk
16 Tacos, refried beans, corn, fruit, milk	17 Turkey Sub, green salad, fruit, milk	18 Chicken Fajita, or Cheese Quesadilla, rice, green salad, fruit, milk	19 Hot dog, Sun Chips, veggie sticks, fruit, milk	20 Pizza (meat or cheese), green salad, fruit, milk
23 Chicken Strips, potato salad, green salad, fruit, milk	24 Burrito (beef & bean or bean & cheese), rice, green salad, fruit, milk	25 Chicken Sandwich w/toppings, fries, fruit, milk	26 Mini Corndogs, curly fries, green salad, fruit, milk	27 Sub Sandwich (ham, turkey or tuna), chips, fruit, milk
30 Soup & Salad Bar, fruit, milk				