

Monroe School District 1J
 365 North Fifth Street Monroe, Oregon 97456
 (541) 847-6292

2018-2019 Physical Restraint and Seclusion Annual Report
 June 20, 2019

Total Incidents of Physical Restraint and Seclusion:	3
Total number of incidents involving physical restraint:	3
Total number of incidents involving seclusion:	0
Total number of seclusions in a locked room:	0
Total number of students placed in physical restraint:	3
Total number of students placed in seclusion:	0

Demographic characteristics:

Race:

White	3
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Ethnicity:

Non-Hispanic/Latino	3
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Gender:

Male	3
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Disability Status:

Identified as Disabled under IDEA or Section 504	
Non-Disabled*	3

*One student later found eligible under IDEA

Migrant Status: N/A

English Proficiency: 0 students receiving ELL services.

Status as Economically Disadvantaged: **2 students** eligible for Free or Reduced Lunch

● Total number of incidents that resulted in injury or death to students or personnel due to the use of physical restraint or seclusion: **0 incidents**

● Number of students placed in physical restraint or seclusion more than 10 times in the 2017-2018 school year: **0 students**

● Number of incidents in which personnel administering physical restraint and seclusion were not trained: **0 incidents**

Steps taken to reduce the use of physical restraint for each student:

1. CPI initial certification for new staff and recertification for continuing staff with practice sessions and observations.
2. Implementation additional behavioral strategies with students having access to de-escalation strategies and supports. Also used a sensory area with positive calming area and frequent breaks.
4. Continue training for staff on the elimination of antecedents/triggers (including the modification of instructional plans) to help with emotional regulation.
5. Revision of District forms to include additional documentation during the restraint. Staff training on the use of the revised forms.
6. Staff will be involved in the completion of Functional Behavior Assessments and collaborate on the development of individual Behavior Support Plans to support students with pro-active intervention strategies.

Summary:

1. Monroe School District observed decreases in the use of physical restraint and seclusion compared to the 2017-2018 school year. The district contracted and collaborated with our local Educational Service District Behavioral Support Specialist to support students and staff during the 2018-2019 school year. They trained staff on implementation of behavioral strategies and interventions with consultation and ongoing review.

Physical restraints decreased from 10 in 2017-2018 to 3 in the 2018-2019 school year. This decrease is attributed to the continued focus on CPI training and the importance of documenting each incident. Strategies that were increased this year include:

- A. Ongoing training in the CPI system.
- B. Development and implementation of sensory activities in various classrooms.
- C. Quiet space for students invited to use for proactive calming strategies.
- D. Completion of comprehensive Functional Behavioral Assessments used to develop and then implement Behavior Support Plans. Reviewed and revised as needed.

Seclusions stayed constant at 0 incidents in 2016-2017, 2017-2018 and 2018-2019 school years. Staff will continue to have training in the use of de-escalation techniques and the use of sensory activities to help students change behaviors and de-escalate. Monroe School District does not utilize “seclusion cells/rooms.”

Staff Development Needs/Program Changes

1. The district will continue staff development in CPI techniques and strategies to monitor and provide guidance to staff on physical restraints. Continue to follow board policy and required documentation.
2. Staff will continue to review individual incidents of restraint or seclusion and de-brief to identify antecedents, decrease behavioral incidents and increase the use of de-escalation strategies.
3. Staff will review and revise as needed individual student Behavior Support Plans if there is an increase in behavioral incidents.