

Monroe School District 1J
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2019-2020 Physical Restraint and Seclusion Annual Report
June 5, 2020

Total Incidents of Physical Restraint and Seclusion: 0

- Total number of incidents that resulted in injury or death to students or personnel due to the use of physical restraint or seclusion: **0 incidents**
- Number of students placed in physical restraint or seclusion more than 10 times in the 2019-2020 school year: **0 students**
- Number of incidents in which personnel administering physical restraint and seclusion were not trained: **0 incidents**

We have no reported incidents of **Seclusion** from the 2016-2017 school year to our current 2019-2020 school year. Staff will continue to have training in the use of de-escalation techniques and the use of sensory activities to help students change behaviors and de-escalate. Monroe School District does not utilize “seclusion cells/rooms.”

Summary of steps taken to reduce the use of physical restraints and/or seclusions:

1. CPI initial certification for new staff and ongoing trainings for returning staff. Continue to follow board policy and required documentation.
2. Implementation of additional behavioral strategies with students having access to de-escalation strategies and supports. Also used a sensory area with positive calming area and frequent breaks.
4. Continue training for staff on the elimination of antecedents/triggers (including the modification of instructional plans) to help with emotional regulation.
5. Staff will continue to review any individual incidents of restraint or seclusion and de-brief to identify antecedents, decrease behavioral incidents and increase the use of de-escalation strategies.
6. Staff are involved in the completion of Functional Behavior Assessments and collaborate in the development of individual Behavior Support Plans to support students with pro-active intervention strategies. Staff will review and revise as needed individual student Behavior Support Plans if there is an increase in behavioral incidents